



The Code of Excellence



**MonaLisa Touch™: Experience of the
"Centro Dermatologico srl"
Private Clinic in Bologna - Italy**

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MonaLisa Touch™ is the revolutionary new treatment that fights the signs and symptoms of ageing of the vaginal mucosa with fast painless laser sessions that have no side effects.

Since May 2013 we have treated 20 patients going through the menopause (aged between 47 and 57), not on hormone replacement therapy, with significant symptoms related to atrophic vaginal mucosa. Such as dryness, itching, burning and pain during sexual intercourse.

Before the laser treatment, the patients were subjected to a gynaecological examination in order to assess the degree of atrophy and subjective symptoms and exclude any pelvic organ prolapse (which must not be higher than second degree), to exclude any infection present and to perform a pap test, which must be negative.

All patients then underwent 3 laser treatments one month apart from each other and were then re-evaluated 4 months after the last treatment.

All patients reported significant improvements in all evaluated symptoms just a few days after the first session (64% improvement in dryness, 54% improvement in burning and itching and 60%

improvement in dyspareunia); improvements in subsequent sessions were confirmed and consolidated 4 months after the last treatment.

No patient reported any kind of side effect after treatment and the procedure was quick and painless in all cases.

We currently have 20 new patients undergoing therapy and after the first session they have reported to feel lubricated just like before the menopause and symptoms such as burning, discomfort and itching related to dryness have been resolved while being able to have painless and satisfying sexual intercourse again.

Among our patients we also have many gynaecologists who have been pleasantly surprised by the benefits of **MonaLisa Touch™**. The gynaecologists then recommended our clinic to their patients, after having the preliminary visit and classification.

Given the results obtained, we started to successfully recommend **MonaLisa Touch™** to all women with these genital symptoms, regardless whether they are going through the menopause or not and with or without hormone replacement therapy.

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