



Attentively: It was a full house at the workshop.

Feminine health

Workshop on common problems and treatments

IT IS no secret that as we age, a wide spectrum of changes may occur in our bodies.

However, very few women are familiar with the inner workings of their feminine organs. This is especially true in an Asian society where intimate and sexual issues are considered taboo subjects.

"It saddens me that many Malaysian women neither voice out their concern nor get appropriate answers about their vaginal health.

"Women should not let such old-fashioned thinking hinder them from being aware of one of the most vital organs in our bodies.

"Childbirth, menopause and ageing can cause vaginal dryness and discomfort which may lead to health problems later in life.

"They can seek professional help and improve their living conditions regardless of their age," said aesthetic physician, anti-ageing and total wellness specialist Dr Alice Prethima Michael.

Understanding this concern, NeoAsia (M) Sdn Bhd collaborated

with Capital FM to conduct a public workshop entitled "Regain Your Femininity with MonaLisa Touch".

The event, which took place at Ecoba Restaurant & Bar, Bandar Damansara Perdana recently, aspires to empower women in taking charge of their vaginal health.

The main objective of the workshop was to equip Malaysian women with knowledge and advice about common vaginal problems and treatment options available.

"We felt it was important for us to empower Malaysian women with the right information and knowledge on going beyond vaginal problems to overall wellbeing," said Neo Asia Malaysia and Singapore managing director Dr Jimmy Ang.

"We have carefully tailored the course with Dr Alice to include crucial topic such as the common distress and concerns relating to vulvo-vaginal changes in this three-hour session," he said.



Token of appreciation:

(From left) Dr Alice, NeoAsia regional marketing Manager for medical III Division Malaysia, Singapore, Vietnam and Indonesia, and Capital FM DJ Priscilla.